INTEGRATIVE PSYCHIATRY
AUSTIN

PSYCHIATRIC SECOND OPINIONS

A fresh perspective. A clear treatment plan.

Conventional Psychiatry

Review of diagnosis, medication history, previous treatment trials, and available psychiatric treatment options.

Holistic Medicine

Review of labs, lifestyle factors, supplements and herbal approaches, with functional testing considered when appropriate.

Integrative Psychiatry

A combined perspective drawing from conventional psychiatry, lifestyle, functional and holistic approaches.

WHAT THE CONSULTATION INCLUDES

Thorough record review • Comprehensive consultation
Coordination with the referring clinician when needed
1–2 page written-summary with recommendations